

# FLOOD FACTS

## Food Safety After a Flood



Learn about food safety during a power outage to keep your family safe!

### During a power outage:



Keep fridge/freezer doors closed to maintain temperature.

Food in fridge will stay cold for 4-6 hours if door kept closed.



Full freezer will keep food frozen for roughly two days.

Half-full freezer will keep food frozen for one day.

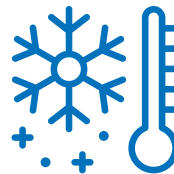
### If power is going to be out longer:



Add ice to fridge or freezer to keep temperatures cooler.

Move food to new location with power.

Transport food in a cooler to keep it cold (4°C).



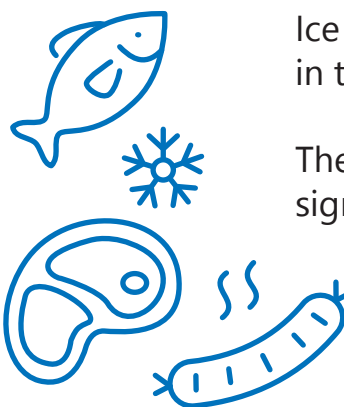
### Throw out food if:



Completely thawed or at room temperature.

Discoloured or smells bad.

### It's safe to refreeze food if:



Ice crystals are present in the food.

There is no smell or sign of spoiling.

**If in doubt about the safety of food, throw it out!**

Eating unsafe food can make you sick.