

IPAC Activity Suggestions

National Infection Control Week is here (October 20-24, 2025). To get your staff and residents involved, here are some IPAC Activities that you can do at your facility:

1. Caption Contest

A simple activity where you find a funny or themed image and ask residents/staff/visitors to submit a caption by a deadline. Submissions can be posted for voting, or a winner can be chosen by organizer.

2. Crossword

An IPAC Crossword activity can be provided as a brain teaser. Create your own through various online crossword generators or feel free to use Lakeland Public Health's template.

3. Word Scramble

A Word Scramble activity can be provided as a fun and interactive brain teaser. Create your own set of scrambled words related to the topic, or feel free to use Lakeland Public Health's template.

4. Visit or Stay Home?

A short activity designed for visitors to think through different situations. Participants review short scenarios (e.g., feeling unwell, recent travel, contact with someone sick) and decide whether it's safer to visit or stay home. This promotes awareness of infection prevention and supports safe visiting practices.

Some examples of scenarios include:

- You woke up with a scratchy throat but no fever.
- You had a fever yesterday but feel fine today.
- You feel healthy, have no symptoms, and passed screening.
- Your child is home sick with the flu, but you feel fine.
- You are waiting for results from a COVID test.
- You called ahead and staff confirmed visiting hours are open.
- You have a mild headache but no other symptoms.
- You received your flu shot yesterday and have muscle aches.

Guiding principles:

- Stay home until 24–48 hours after symptoms are gone.
- Even if you feel fine, exposure risk means you should stay home.
- Visiting is safe if you're healthy, screened, masked, and following facility procedures.

5. Hand Hygiene: True or False?

Activity involves flashcards or simply asking participants true or false questions.

Example of questions:

- Hand sanitizer works better than soap and water if your hands are visibly dirty.
- Gloves are a substitute for hand hygiene.
- Hand sanitizer kills all types of germs, including norovirus and *C. difficile*.
- Artificial nails and nail polish can make hand hygiene less effective.
- You don't need to wash your hands after removing gloves if your hands look clean.
- Hand sanitizer doesn't work if you use too much.
- If your hands are visibly dirty, you should use hand sanitizer
- It is better to use soap with antibacterial chemicals than plain soap.
- Hand dryers are always cleaner than paper towels.
- You should remove rings and jewelry before handwashing for best results.

6. Spot the Issue

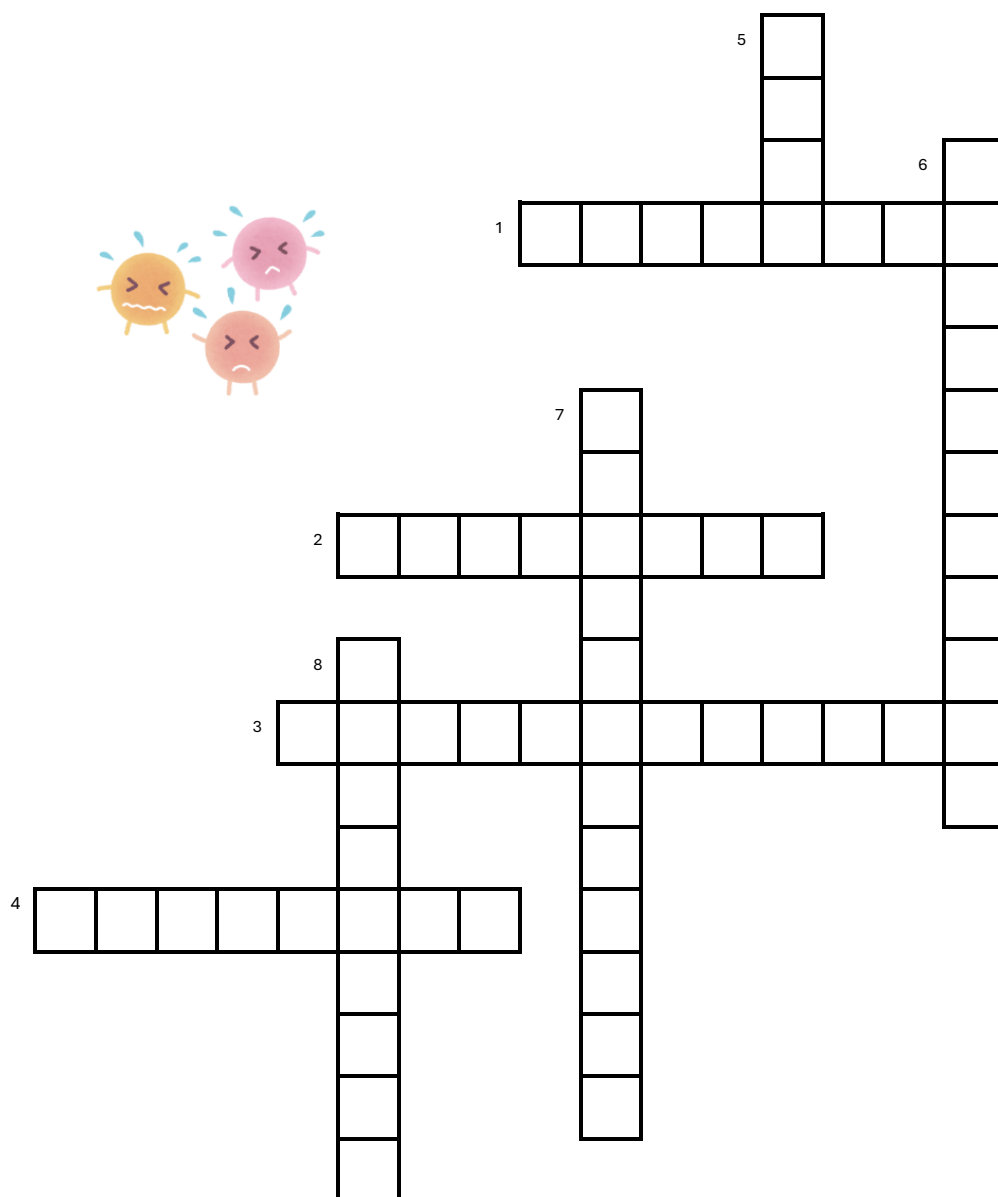
Ask participants to point out what is wrong with each image to provide education about proper PPE (example below). You can also put some images of correctly placed PPE and ask participants to identify the correct and incorrect uses of PPE.

See any mistakes?



CROSSWORD **National Infection Control Week**

Test your Infection Prevention and Control (IPAC) knowledge!



ACROSS

1. Single-celled organisms that can cause infections.
2. Unexpected increase in infection cases.
3. The presence of microbes without causing disease.
4. Additional Precautions for Tuberculosis or Measles

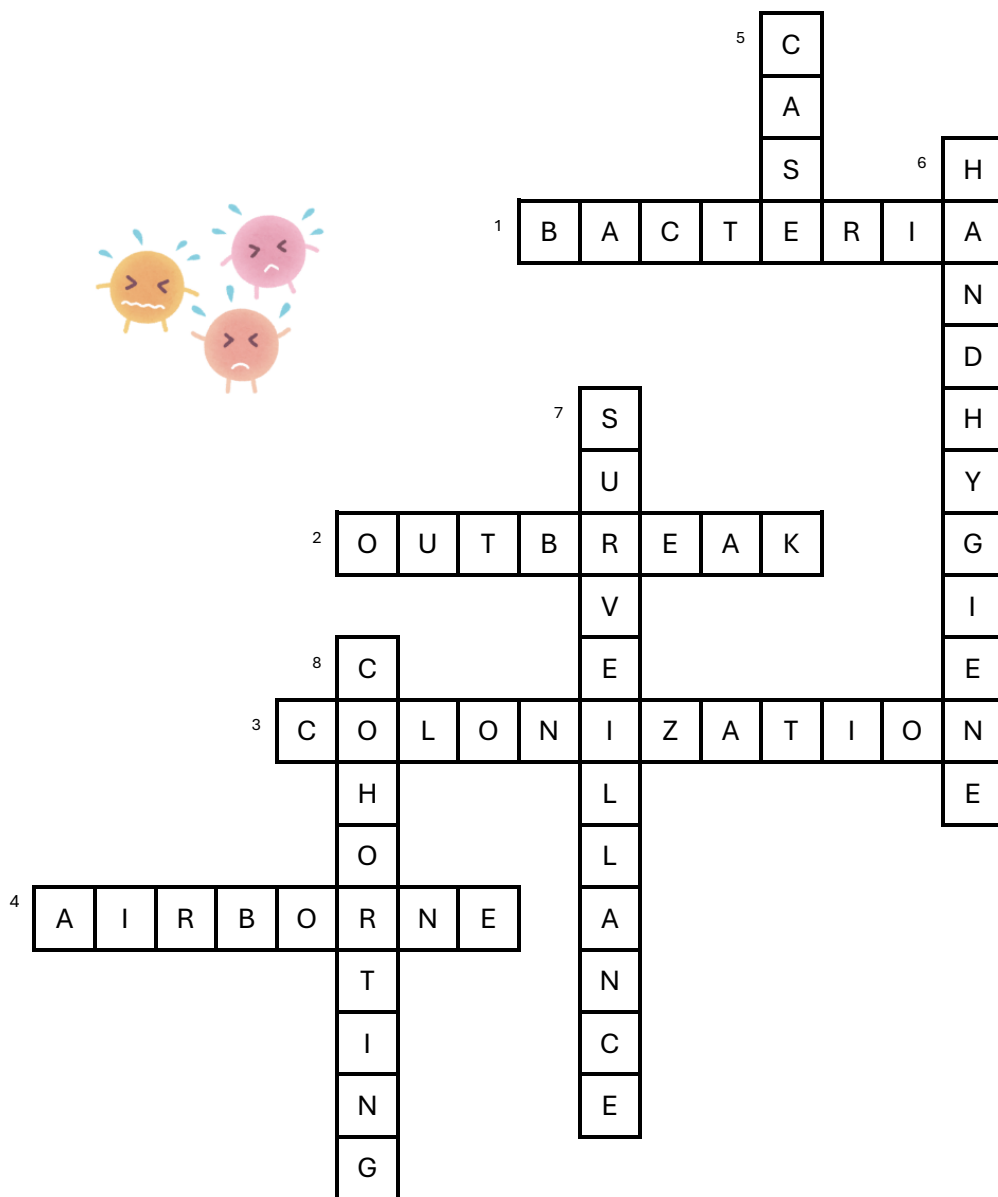
DOWN

5. A single instance of a disease.
6. Essential infection control practice to break the chain of transmission (2 words).
7. Ongoing monitoring of infection trends.
8. Placing residents/clients with the same infection together.

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National Infection Control Week

WORD SCRAMBLE

Put your thinking caps on and crack this Infection Control Scramble!

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ISVUR

INSADECFITNT

ICSK

EPP

VEGOLS

INAENZFUL

DAH N NHYIGEE

EAABRCIT

NGATOOCUIS

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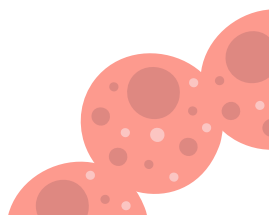
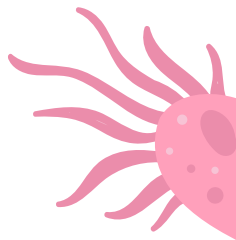
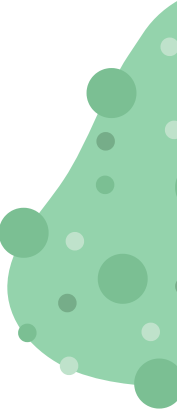
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IVAENCC

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PDLEROT



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PDLEROT

INFECTION

VIRUS

DISINFECTANT

SICK

PPE or PEP

GLOVES

INFLUENZA

HAND HYGIENE

BACTERIA

CONTAGIOUS

MASK

COUGH

REPROCESSING

VACCINE

SURVEILLANCE

DROPLET

